

Marinated Lamb Chops

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/marinated-lamb-indian-recipe>

Ingredients:

- 3 cloves garlic sliced
- 3 shallots sliced
- 2 sprigs rosemary
- 2 sprigs thyme
- 1 teaspoon red pepper flakes
- 1/2 cup extra virgin olive oil
- 1 teaspoon salt
- 8 lamb loin chops
- 1 teaspoon sea salt
- 1 teaspoon pepper
- 2 lemons

Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 150 milligrams
4. Fat: 59 grams
5. Fiber: 3 grams
6. Protein: 44 grams
7. SaturatedFat: 20 grams
8. Sodium: 1330 milligrams

Thank you for visiting our website. Hope you enjoy Marinated Lamb Chops above. You can see more 15 marinated lamb indian recipe Experience flavor like never before! to get more great cooking ideas.