

Lamb Bone Broth

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/lamb-bone-curry-recipe-indian>

Ingredients:

- 2 pounds lamb bone
- 1 onion
- 2 carrots
- 3 celery ribs
- 1/4 cup apple cider vinegar
- salt to taste

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 6 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sodium: 230 milligrams
6. Sugar: 3 grams

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