

# Greek Lamb With Orzo

Yield: 6 min  
Total Time: 175 min

Recipe from: <https://www.recipeschoose.com/recipes/lamb-and-orzo-greek-recipe>

## Ingredients:

- 2 1/4 pounds lamb shoulder of
- 2 onions sliced
- 1 tablespoon oregano chopped, or 1 tsp dried
- 1/2 teaspoon ground cinnamon
- 2 cinnamon sticks broken in half
- 2 tablespoons olive oil
- 2 11/16 cups chopped tomatoes
- 5 1/16 cups chicken stock
- 2 1/8 cups orzo see know-how below
- freshly grated Parmesan to serve

## Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 130 milligrams
4. Fat: 48 grams
5. Fiber: 4 grams
6. Protein: 46 grams
7. SaturatedFat: 18 grams
8. Sodium: 470 milligrams
9. Sugar: 10 grams

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