

# Vankaya Kurma (Eggplant Kurma) -- Revisiting

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/kurma-india-recipe>

## Ingredients:

- 12 eggplant
- 2 onions
- 2 tablespoons dry coconut
- 3 tablespoons roasted peanuts
- 1 tablespoon sesame seeds
- 1 tablespoon ground coriander
- 1/2 teaspoon ground cumin
- 1/4 teaspoon fenugreek
- 1/4 teaspoon turmeric
- 1 teaspoon ginger garlic paste
- 2 teaspoons red chili powder
- 1/4 teaspoon cumin seed
- fenugreek seeds Menthulu – a few
- 8 curry leaves
- salt – to taste
- 1/4 cup cilantro leaves
- 1/2 cup yoghurt