

# Kunafa (Knafeh)

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/kunafa-recipe-pakistani>

## Ingredients:

- 2 cups granulated sugar
- 1 1/4 cups water
- 1/4 cup honey
- 1 teaspoon lime juice
- 2 cups milk whole fat
- 4 tablespoons corn starch . Note2
- 8 ounces cheese sweet, optional. Note2
- 1 pound knafeh pound, Note3
- 1 cup ghee

## Nutrition:

1. Calories: 1160 calories
2. Carbohydrate: 134 grams
3. Cholesterol: 70 milligrams
4. Fat: 62 grams
5. Protein: 20 grams
6. SaturatedFat: 13 grams
7. Sodium: 450 milligrams
8. Sugar: 126 grams

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