

# Roasted Pork Tenderloin with Zesty Italian Dressing

Yield: 6 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/zesty-italian-vinaigrette-dressing-recipe>

## Ingredients:

- 3 pounds pork tenderloin
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 2 teaspoons lemon pepper seasoning
- 1 teaspoon ginger ground
- 1 tablespoon parsley flakes
- 1/2 teaspoon salt
- 1 tablespoon dried oregano
- 1 tablespoon Italian seasoning
- 2 tablespoons lemon juice
- 3 tablespoons zesty Italian dressing
- olive oil
- 3 pounds pork tenderloin
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 2 teaspoons lemon pepper seasoning
- 1 teaspoon ginger ground
- 1 tablespoon parsley flakes
- 1/2 teaspoon salt
- 1 tablespoon dried oregano
- 1 tablespoon Italian seasoning
- 2 tablespoons lemon juice
- 3 tablespoons zesty Italian dressing
- olive oil

## Nutrition:

1. Calories: 660 calories

2. Carbohydrate: 6 grams
  3. Cholesterol: 295 milligrams
  4. Fat: 29 grams
  5. Fiber: 1 grams
  6. Protein: 96 grams
  7. SaturatedFat: 6 grams
  8. Sodium: 870 milligrams
  9. Sugar: 2 grams
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