

# Costa Vida Chicken

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-using-kraft-zesty-italian-dressing>

## Ingredients:

- 16 ounces KRAFT Zesty Italian Dressing I used Kroger brand
- 1 tablespoon chili powder
- 1 tablespoon cumin
- 3 cloves garlic minced
- 5 skinless boneless chicken breast

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 95 milligrams
4. Fat: 37 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 6 grams
8. Sodium: 2070 milligrams
9. Sugar: 9 grams

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