

Cheesy Mexican Chicken and Rice

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/kraft-mexican-chicken-recipe>

Ingredients:

- 1 tablespoon olive oil
- 2 pounds chicken breast cut into bite-size pieces
- salt
- pepper
- 1/2 cup onion finely diced
- 2 cloves garlic minced
- 1 teaspoon chili powder
- 1 teaspoon cumin powder
- 1 teaspoon dried oregano
- 1 cup white rice
- 2 cups chicken broth
- 15 ounces fire roasted tomatoes or can Diced, with juices
- 4 ounces green chilies
- 3 cups Monterey Jack Pepper Jack, or Mexican Cheese Blend
- 1/4 cup fresh cilantro chopped
- pickled jalapenos

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 220 milligrams
4. Fat: 38 grams
5. Fiber: 5 grams
6. Protein: 77 grams
7. SaturatedFat: 19 grams
8. Sodium: 1100 milligrams
9. Sugar: 3 grams

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