

Copycat King's Hawaiian Bread Rolls

Yield: 12 min
Total Time: 205 min

Recipe from: <https://www.recipeschoose.com/recipes/king-s-hawaiian-rolls-for-thanksgiving-recipe>

Ingredients:

- 1 package active dry yeast
- 1/2 cup milk warm, 120F
- 3/4 cup pineapple juice
- 1/4 cup sugar
- 1/3 cup vegetable oil
- 1 large egg lightly beaten
- 1 3/4 teaspoons salt
- 4 cups white whole wheat flour
- 1 egg white lightly beaten
- 2 tablespoons honey

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 20 milligrams
4. Fat: 8 grams
5. Fiber: 5 grams
6. Protein: 7 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 360 milligrams
9. Sugar: 9 grams

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