

# Yakiniku (Japanese BBQ)

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/yakiniku-japanese-style-barbecue-recipe>

## Ingredients:

- 2 chicken drumsticks boneless, skinless, skin removed and cut into small pieces
- 1 scallion white part only, cut into very thin slices
- 1/2 teaspoon miso paste
- 1 teaspoon sake

## Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 50 milligrams
4. Fat: 8 grams
5. Protein: 11 grams
6. SaturatedFat: 2 grams
7. Sodium: 75 milligrams

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