

# Southern Carbonara

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/kimberly-southern-cooking-spaghetti-casserole-recipe>

## Ingredients:

- 12 ounces spaghetti uncooked
- 1 1/2 tablespoons olive oil divided
- 1/2 cup country ham thinly sliced, prosciutto can be used instead
- 1 Vidalia onion small, or other sweet onion, diced
- 3 cups collard greens packed thinly sliced
- 2 garlic cloves minced
- 3 large eggs use pasteurized eggs if concerned about undercooked eggs, lightly beaten
- 1 cup shredded Parmesan cheese
- 1/2 teaspoon salt
- 3/4 teaspoon black pepper
- 1/2 teaspoon red pepper flakes
- shredded Parmesan for serving

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 185 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 28 grams
7. SaturatedFat: 6 grams
8. Sodium: 1080 milligrams
9. Sugar: 4 grams

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