

{Kid Friendly} Salad Snack On A Stick

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/kid-snack-recipe-for-christmas>

Ingredients:

- olives : California olives, ripe black or ripe green, extra large
- tomatoes grape, cherry, chocolate cherry, sunburst
- cheese ciliegine or mini mozzarella balls, cubes of cheddar
- meat sliced very thin: prosciutto, black forest ham, roast beef, oven roasted turkey
- greens butter lettuce green leaf, romaine

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 30 milligrams
4. Fat: 10 grams
5. Protein: 7 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 120 milligrams
8. Sugar: 1 grams

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