

# Kid Friendly Breakfast Sushi

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/kid-friendly-chinese-snack-mix-recipe>

## Ingredients:

- banana
- greek yogurt
- Fruity Pebbles Cereal
- blackberries

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 30 milligrams
4. Fat: 7 grams
5. Fiber: 11 grams
6. Protein: 10 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 105 milligrams
9. Sugar: 33 grams

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