

# Homemade Pumpkin Pie Spice

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/keto-thanksgiving-dessert-recipe>

## Ingredients:

- 4 teaspoons cinnamon
- 1 1/2 teaspoons ginger
- 3/4 teaspoon ground cloves
- 3/4 teaspoon nutmeg
- 1 pinch cardamom

## Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 3 grams
3. Fiber: 2 grams

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