RecipesCh@~se

Italian Meatball Sauce

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/roy-s-italian-cuisine-meatball-recipe

Ingredients:

- olive oil
- 2 cloves garlic finely chopped
- 1 small onion finely chopped
- 2 cans chopped tomatoes
- 1 teaspoon dried oregano
- 1 handful basil leaves roughly torn
- salt
- pepper

Nutrition:

- 1. Calories: 90 calories
- 2. Carbohydrate: 9 grams
- 3. Fat: 5 grams
- 4. Fiber: 3 grams
- 5. Protein: 2 grams
- 6. SaturatedFat: 0.5 grams
- 7. Sodium: 200 milligrams
- 8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Italian Meatball Sauce above. You can see more 15 roy's italian cuisine meatball recipe Ignite your passion for cooking! to get more great cooking ideas.