

Keto Bread Rolls

Yield: 4 min
Total Time: 36 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-bread-rolls-recipe>

Ingredients:

- 1 1/2 cups shredded mozzarella cheese part skim low moisture
- 2 ounces full fat cream cheese
- 1 1/3 cups super-fine almond flour
- 2 tablespoons coconut flour
- 1 1/2 tablespoons double acting baking powder aluminum free
- 3 large eggs one egg is reserved for egg wash

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 205 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 11 grams
8. Sodium: 910 milligrams
9. Sugar: 1 grams

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