

Keto Lemon Mug Cake

Yield: 4 min
Total Time: 7 min

Recipe from: <https://www.recipeschoose.com/recipes/mug-cake-recipe-for-holidays>

Ingredients:

- 1 tablespoon unsalted butter melted
- 1 large egg
- 3 tablespoons almond flour superfine
- 1/4 teaspoon coconut flour
- 1/2 teaspoon baking powder
- 1 1/2 tablespoons sweetener erythritol, granular
- 1/4 teaspoon vanilla
- 1 tablespoon lemon juice
- 1/4 teaspoon lemon zest plus additional for topping

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 60 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 120 milligrams
9. Sugar: 7 grams

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