

Creamy Dreamy Peppermint Patties

Yield: 24 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/keto-christmas-dessert-recipe>

Ingredients:

- 1/2 cup raw cashews soaked, see note
- 1/2 cup coconut oil melted
- 4 tablespoons agave nectar to taste, I used 4 tbsp
- 2 tablespoons almond milk
- 1 teaspoon peppermint extract
- 3/4 cup dark chocolate chips
- 1/2 tablespoon coconut oil

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 5 grams
3. Fat: 8 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 6 grams
7. Sugar: 3 grams

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