

Curried Chicken Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/keto-chicken-salad-recipe-indian>

Ingredients:

- 1 1/2 pounds chicken breast cooked and chopped
- 3/4 cup mayonnaise
- 2 teaspoons curry powder to taste
- 1 cup almonds chopped
- 1/2 cup red bell pepper diced
- salt to taste
- 2 tablespoons ground cardamom
- 2 tablespoons ground cumin
- 2 tablespoons ground coriander
- 1 tablespoon ground turmeric
- 1 tablespoon dry mustard
- 1/4 teaspoon cayenne

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 120 milligrams
4. Fat: 40 grams
5. Fiber: 11 grams
6. Protein: 47 grams
7. SaturatedFat: 6 grams
8. Sodium: 720 milligrams
9. Sugar: 5 grams

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