

Kelp Noodle Salad

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/kelp-noodle-indian-recipe>

Ingredients:

- 1 packet kelp noodles
- 1/2 lemon
- water
- 2 tablespoons pesto vegan
- 1/3 cup sun-dried tomatoes sliced
- 1/3 cup pitted kalamata olives chopped
- 1 cup mixed salad greens
- 1 tablespoon pine nuts toasted

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 5 grams
3. Fat: 3 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 200 milligrams
7. Sugar: 2 grams

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