

Vegetarian Keema Gobi

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/keema-gobi-pakistani-recipe>

Ingredients:

- 1 cauliflower medium
- 1/4 cup green peas
- 1 teaspoon cumin seeds
- 1/4 teaspoon haldi Turmeric powder
- 1 teaspoon coriander powder sukha dhaniya
- 1/4 teaspoon chili flakes Crushed
- 1/4 teaspoon ginger Chopped
- 1 teaspoon garam masala Powder
- 1 teaspoon methi Kastoori, / dried fenugreek leaves

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 10 grams
3. Fiber: 4 grams
4. Protein: 4 grams
5. Sodium: 45 milligrams
6. Sugar: 4 grams

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