

# Mexican Baked Ziti

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/kbosh-mexican-pizza-ground-round-recipe>

## Ingredients:

- 2 pounds ground round
- 1 teaspoon Creole seasoning
- 1 onion small, chopped
- 2 cloves garlic chopped
- 28 ounces whole peeled tomatoes
- 1 1/2 tablespoons chili powder
- 1 1/2 teaspoons cumin
- 1 1/4 teaspoons kosher salt divided
- 24 ounces meat Ragu, Creations Sauteed Onion & Beef
- 15 ounces black beans rinsed and drained
- 1 cup frozen corn
- 1 pound mostaccioli or Ziti pasta
- 15 ounces lowfat cottage cheese
- 16 ounces colby jack cheese shredded
- 1 egg
- ground pepper fresh
- chopped cilantro fresh, optional

## Nutrition:

1. Calories: 2310 calories
2. Carbohydrate: 122 grams
3. Cholesterol: 450 milligrams
4. Fat: 144 grams
5. Fiber: 14 grams
6. Protein: 132 grams
7. SaturatedFat: 68 grams
8. Sodium: 2590 milligrams
9. Sugar: 10 grams

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