

# Polish Kapusta

Yield: 8 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-kapusta-kielbasa-recipe>

## Ingredients:

- 28 ounces sauerkraut
- 2 pounds kielbasa sausage Polish/, NOT smoked, If you can't find a non-smoked polish sausage, bratwurst will work in a pinch.
- 28 ounces marinara sauce or 1 recipe Five Minute Marinara

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 80 milligrams
4. Fat: 23 grams
5. Fiber: 6 grams
6. Protein: 18 grams
7. SaturatedFat: 8 grams
8. Sodium: 2070 milligrams
9. Sugar: 11 grams

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