RecipesCh@~se

Adobong Kangkong

Yield: 4 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/kangkong-indian-recipe

Ingredients:

- 1 bunch kangkong
- 1 tablespoon oil
- 1 onion small, peeled and sliced thinly
- 7 cloves garlic peeled and minced
- 1/2 pound pork belly cut into ½ inch thick strips
- 1/2 cup vinegar
- 1/4 cup soy sauce
- 1/2 cup water
- pepper to taste

Nutrition:

Calories: 360 calories
Carbohydrate: 7 grams
Chalasteral: 40 millionam

3. Cholesterol: 40 milligrams4. Fat: 34 grams

5. Fiber: 1 grams6. Protein: 7 grams

7. SaturatedFat: 11 grams8. Sodium: 920 milligrams

9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Adobong Kangkong above. You can see more 17 kangkong indian recipe Prepare to be amazed! to get more great cooking ideas.