

Emily's Favorite Vegetable Soup

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/kale-vegetable-indian-recipe>

Ingredients:

- 48 ounces organic carrots juiced, divided in half
- 30 ounces diced tomatoes unsalted preferably
- 2 onions diced
- 4 cloves garlic minced
- 4 celery stalks finely sliced
- 16 ounces sliced mushrooms
- 2 red peppers diced
- 4 carrots sliced
- 2 zucchinis small, sliced
- 2 bunches kale thinly sliced, remove stems first
- 1 bunch fresh basil sliced
- 12 ounces veggies packages of the following frozen, : corn, peas, lima beans, broccoli
- 1 butternut squash
- 2 tablespoons no-salt seasoning original or table blend for starters
- 45 ounces beans no-salt, black, kidney, garbanzo, etc.