

Kabocha Squash Red Curry with Brown Rice

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-kabocha-squash-indian>

Ingredients:

- 1 cup brown rice
- 3 cloves garlic
- 2 stalks lemongrass
- 1 bunch cilantro
- 1 bunch mint
- 1 cubanelle pepper
- 1 kabocha squash
- 1 lime
- 1 red onion
- 2 tablespoons red curry paste
- 5 1/2 ounces coconut milk

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 60 grams
3. Fat: 11 grams
4. Fiber: 6 grams
5. Protein: 7 grams
6. SaturatedFat: 9 grams
7. Sodium: 20 milligrams
8. Sugar: 7 grams

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