

Italian Sausage, Peppers and Noodles

Yield: 9 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/johnsonville-italian-sausage-clone-recipe>

Ingredients:

- 3 tablespoons extra virgin olive oil
- 1 pound Johnsonville Italian Sausage ground
- 1 large onion sliced thin
- 1 teaspoon salt
- 1 teaspoon Italian seasoning
- 1 red bell pepper cored and thinly sliced
- 1 yellow bell pepper cored and thinly sliced
- 1 orange bell pepper cored and thinly sliced
- 4 cloves garlic minced
- 1/2 cup chicken broth
- 28 ounces diced tomatoes with juice
- 1 tablespoon dried basil
- 8 ounces egg noodles flat country style, uncooked
- shredded Parmesan cheese for garnish, optional
- chopped parsley for garnish, optional

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 20 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 280 milligrams
9. Sugar: 5 grams

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