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UNSTUFFED GREEN PEPPER SKILLET

Yield: 9 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/johnsonville-italian-sausage-and-peppers-recipe

Ingredients:

- 1 pound Johnsonville Italian Sausage
- 1/2 cup white onion chopped
- 2 cups green peppers chopped
- 29 ounces Italian style diced tomatoes
- 14 1/2 ounces beef broth
- 1 cup white rice uncooked
- 2 cloves garlic
- 1 teaspoon Italian seasoning
- 1/2 teaspoon black pepper
- 1 pound Johnsonville Italian Sausage
- 1/2 cup white onion chopped
- 2 cups green peppers chopped
- 29 ounces Italian style diced tomatoes
- 14 1/2 ounces beef broth
- 1 cup white rice uncooked
- 2 cloves garlic
- 1 teaspoon Italian seasoning
- 1/2 teaspoon black pepper

Nutrition:

- 1. Calories: 180 calories
- 2. Carbohydrate: 38 grams
- 3. Fiber: 2 grams
- 4. Protein: 5 grams
- 5. Sodium: 300 milligrams
- 6. Sugar: 2 grams

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