

Jo Jo Potato Wedges

Yield: 4 min
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/jo-seagar-russian-fudge-recipe>

Ingredients:

- 4 baking potatoes large, cut into thick wedges
- 1/2 cup all purpose flour
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon seasoning salt
- 1/2 teaspoon black pepper
- 1 pinch cayenne optional
- peanut oil for frying

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 34 grams
3. Fat: 3.5 grams
4. Fiber: 6 grams
5. Protein: 7 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 20 milligrams

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