

# Copycat Jiffy Cornbread Muffin Mix

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/jiffy-mexican-cornbread-muffin-recipe>

## Ingredients:

- 2/3 cup flour
- 1/2 cup yellow cornmeal
- 3 tablespoons sugar
- 1 tablespoon baking powder
- 1/4 teaspoon salt

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 42 grams
3. Fat: 0.5 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 550 milligrams
7. Sugar: 10 grams

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