

# Paleo Tzimmes

Yield: 7 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-tzimmes-recipe>

## Ingredients:

- 2 pounds carrots cut into ½-inch pieces
- 1/2 cup prunes cut in half
- 1/2 cup dried apricots cut in half
- 2 cups orange juice freshly squeezed
- 1 teaspoon ground cinnamon
- 1/4 teaspoon sea salt celtic

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 27 grams
3. Fiber: 5 grams
4. Protein: 2 grams
5. Sodium: 180 milligrams
6. Sugar: 17 grams

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