

# 2-Minute Tuna Salad

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-tuna-salad-recipe>

## Ingredients:

- 2 cans tuna I used Albacore
- 1/2 cup mayo homemade garlic
- 1 teaspoon mustard
- 1/4 cup bell pepper minced
- 1 pinch cayenne
- salt
- pepper

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 25 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 2 grams
8. Sodium: 440 milligrams
9. Sugar: 2 grams

---

Thank you for visiting our website. Hope you enjoy 2-Minute Tuna Salad above. You can see more 17 jewish tuna salad recipe Dive into deliciousness! to get more great cooking ideas.