

Classic Seven Layer Dip

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-seven-layer-cake-recipe>

Ingredients:

- 1 can refried beans
- 1/2 cup salsa
- 2 avocados pitted, sliced and diced
- 1/2 teaspoon kosher salt
- 1 teaspoon chili garlic sauce
- 1/2 lime
- 8 ounces sour cream container of
- 1 packet taco seasoning
- 2 cups iceberg lettuce shredded, depending on the size of your serving dish
- 1 1/2 cups shredded cheddar cheese finely, or whatever cheese you like, just finely shredded
- 6 green onions white and light green parts, sliced
- 1 Roma tomato small diced
- 1/4 cup sliced black olives

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 75 milligrams
4. Fat: 43 grams
5. Fiber: 15 grams
6. Protein: 21 grams
7. SaturatedFat: 18 grams
8. Sodium: 1460 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Classic Seven Layer Dip above. You can see more 17 jewish seven layer cake recipe Dive into deliciousness! to get more great cooking ideas.