

Jewish Fried Artichokes

Yield: 8 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/modern-jewish-baker-babka-recipe>

Ingredients:

- 4 artichokes
- olive oil for frying
- pepper
- salt
- 4 1/2 fresh lemons for preparation and serving
- fryers Saute pan or deep

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 15 grams
3. Fat: 2.5 grams
4. Fiber: 7 grams
5. Protein: 3 grams
6. Sodium: 160 milligrams
7. Sugar: 1 grams

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