

Basic Charoset

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-jewish-haroset>

Ingredients:

- 3 apples peeled and diced
- 1 cup walnuts toasted and roughly chopped
- 1 teaspoon cinnamon ground
- 1 teaspoon sugar or brown sugar
- 1 tablespoon red wine sweet like Manischewitz
- 1 tablespoon honey

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 34 grams
3. Fat: 23 grams
4. Fiber: 6 grams
5. Protein: 5 grams
6. SaturatedFat: 2 grams
7. Sugar: 23 grams

Thank you for visiting our website. Hope you enjoy Basic Charoset above. You can see more 17 recipe for jewish haroset You must try them! to get more great cooking ideas.