

# BBQ Brisket With Red Wine BBQ Sauce

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-brisket-recipe-red-wine>

## Ingredients:

- 1 whole brisket – About 5 Pounds
- 2 Vidalia onions – Chopped
- 2 cups Heinz Ketchup
- 1/2 cup red wine Good, – You can also substitute Bourbon here if you so desire
- 1/4 cup red wine vinegar
- 1 tablespoon worcestershire
- 1 tablespoon chili powder
- 3 cloves minced garlic
- olive oil

## Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 280 milligrams
4. Fat: 37 grams
5. Fiber: 1 grams
6. Protein: 96 grams
7. SaturatedFat: 14 grams
8. Sodium: 420 milligrams
9. Sugar: 3 grams

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