

Baked Buffalo Wings

Yield: 20 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/celery-sticks-indian-recipe>

Ingredients:

- 3/4 cup all purpose flour
- 1/2 teaspoon cayenne pepper
- 1/2 teaspoon garlic powder
- 1/2 teaspoon salt
- 20 chicken wings
- 1/2 cup melted butter
- 1/2 cup hot pepper sauce such as Frank's RedHot®
- dressing optional
- ranch optional
- celery sticks optional

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 35 milligrams
4. Fat: 11 grams
5. Protein: 6 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 270 milligrams

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