

Jellyfish Salad

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-jellyfish-recipe>

Ingredients:

- 1 package salt jellyfish packed in, about 10 ounces
- 2 green onions thinly sliced
- 2 tablespoons garlic minced
- 1/4 cup grapeseed oil
- 1/4 teaspoon soy sauce
- 1 tablespoon chili oil
- 1/4 teaspoon salt or to taste
- 1 teaspoon Sichuan peppercorns toasted and ground, optional
- sesame oil a drizzle of, optional
- chopped cilantro to garnish, optional

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 2 grams
3. Fat: 22 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 170 milligrams

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