

Carnation Milk Jelly (aka Jelly Fluff)

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/jelly-russian-dessert-recipe>

Ingredients:

- 6 3/4 tablespoons jelly packs of, raspberry or strawberry
- 1 cup boiling water
- 1 5/8 cups evaporated milk tin of

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 30 milligrams
4. Fat: 8 grams
5. Protein: 7 grams
6. SaturatedFat: 5 grams
7. Sodium: 125 milligrams
8. Sugar: 17 grams

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