

# Jason's Deli Chicken Salad

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/jason-s-deli-italian-pasta-salad-recipe>

## Ingredients:

- 1 1/2 pounds cooked chicken breast
- 1/2 cup crushed pineapple drained
- 1/2 cup mayonnaise
- 1/4 cup almond slivers you can add more if you like
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 10 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 500 milligrams
9. Sugar: 4 grams

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