

Springtime Jasmine Rice Salad

Yield: 2 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/jasmine-rice-recipe-india>

Ingredients:

- 15 asparagus spears woody stems removed
- 2 tablespoons olive oil
- 3/4 cup jasmine rice uncooked brown
- 1 cup low sodium chicken stock
- 1 shallot sliced
- 2 garlic cloves minced
- 1 pint mushrooms baby bella, quartered
- 1/3 cup dry white wine
- 1/4 cup dried cherries coarsely chopped
- pepper
- salt

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 82 grams
3. Fat: 16 grams
4. Fiber: 6 grams
5. Protein: 15 grams
6. SaturatedFat: 2 grams
7. Sodium: 450 milligrams
8. Sugar: 5 grams

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