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## Vanilla Bean Chai Syrup Mason Jar Gifts

Yield: 4 min Total Time: 7 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/holiday-jar-recipe-gifts">https://www.recipeschoose.com/recipes/holiday-jar-recipe-gifts</a>

## **Ingredients:**

- 14 ounces sweetened condensed milk
- 2 teaspoons cardamon ground
- 1 teaspoon canela
- 1 teaspoon ground cloves
- 1 teaspoon nutmeg
- 1 teaspoon ground ginger
- 1/4 teaspoon ground white pepper
- 1 pinch salt
- 1 vanilla bean seeds scraped
- 2 teaspoons vanilla extract

## **Nutrition:**

Calories: 330 calories
Carbohydrate: 55 grams
Cholesterol: 35 milligrams

4. Fat: 9 grams5. Fiber: 1 grams6. Protein: 8 grams

7. SaturatedFat: 5 grams8. Sodium: 200 milligrams

9. Sugar: 54 grams

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