

Light & Crispy Waffles

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/japaneses-light-gaufrette-recipe>

Ingredients:

- 3/4 cup all purpose flour
- 1/4 cup cornstarch
- 1/2 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/2 teaspoon table salt
- 1 cup buttermilk
- 1/3 cup vegetable oil
- 1 egg
- 1 1/2 teaspoons sugar
- 3/4 teaspoon vanilla

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 40 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 370 milligrams
9. Sugar: 4 grams

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