

# Zaru Soba (????) Japanese Cold Soba Noodles

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-zaru-soba-recipe>

## Ingredients:

- 7 ounces soba noodles
- 1 cup dashi
- 4 tablespoons soy sauce
- 3 3/8 tablespoons sweet rice wine Mirin
- 2 tablespoons sugar
- 2 tablespoons green onion chopped
- 2 large egg yolk optional

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 105 milligrams
4. Fat: 3.5 grams
5. Protein: 11 grams
6. SaturatedFat: 1 grams
7. Sodium: 1410 milligrams
8. Sugar: 7 grams

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