

Grilled Teriyaki Tuna

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-yellowfin-tuna-recipe>

Ingredients:

- 1 cup teriyaki sauce
- 3/4 cup olive oil
- 2 tablespoons minced garlic
- 1 teaspoon ground black pepper
- 16 ounces yellowfin tuna

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 13 grams
3. Fat: 41 grams
4. Protein: 5 grams
5. SaturatedFat: 6 grams
6. Sodium: 2760 milligrams
7. Sugar: 10 grams

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