

Japanese Udon Noodle Soup

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-japanese-noodle-soup-recipe>

Ingredients:

- 1/3 package udon noodles
- 1/2 cup fresh shiitake mushrooms
- 1 spring onion
- 2 garlic cloves
- 2 centimeters ginger root
- 1 teaspoon vegetable oil
- 1 cup water
- 1 tablespoon miso paste

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 6 grams
3. Fat: 3 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. Sodium: 330 milligrams
7. Sugar: 1 grams

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