

Japanese Beef and Rice (Beef Takikomi Gohan)

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/wagyu-beef-japanese-style-recipe>

Ingredients:

- 1 1/2 cups short grain rice note 1
- 5 1/4 ounces wagyu beef very thinly sliced, note 2
- 1 2/3 tablespoons ginger minced
- 1 teaspoon oil
- 2 tablespoons soy sauce
- 2 tablespoons mirin
- 1 tablespoon sake cooking

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 20 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 4 grams
8. Sodium: 310 milligrams

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