

Green Vegetable with Carp and Udon Noodle Soup

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-vegetable-udon-soup-recipe>

Ingredients:

- 1 carp
- 1/2 ounce udon noodles
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- vegetable moderate green
- 2 slices ginger
- 1/2 ounce udon noodles
- olive oil moderate
- salt moderate

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 8 grams
3. Fat: 5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 340 milligrams

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