

Udon Noodle Soup with Chinese Broccoli & Seared Tempeh

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-asia-japanese-style-udon-noodle-recipe>

Ingredients:

- 8 ounces tempeh
- 4 ounces Chinese broccoli
- 2 cloves garlic
- 1 piece ginger
- 1 bunch cilantro
- 1/4 cup hoisin sauce
- 2 tablespoons soy sauce
- 2 tablespoons mirin
- 3 tablespoons vegetable demi-glace
- 8 ounces fresh udon noodles
- 2 tablespoons chili garlic sauce

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 34 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 25 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 1660 milligrams
8. Sugar: 12 grams

Thank you for visiting our website. Hope you enjoy Udon Noodle Soup with Chinese Broccoli & Seared Tempeh above. You can see more 17 simply asia japanese style udon noodle recipe You won't believe the taste! to get more great cooking ideas.