

# Tuna Noodle Salad

Yield: 9 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-tuna-noodle-salad-recipe>

## Ingredients:

- 1 pound noodles elbow macaroni
- 24 ounces tuna drained well
- 1 1/2 cups mayonnaise
- 1 onion medium, diced
- salt
- pepper
- old bay seasoning \*, optional

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 80 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 3 grams
8. Sodium: 410 milligrams
9. Sugar: 4 grams

---

Thank you for visiting our website. Hope you enjoy Tuna Noodle Salad above. You can see more 18 japanese tuna noodle salad recipe They're simply irresistible! to get more great cooking ideas.